

The State of Clinical Trials: Charting the Path to 2030

May 22, 2025

The Westin DC Downtown
999 9th St. NW
Washington, D.C.



Welcome from CTTI's Executive Director



Morgan Hanger

Executive Director

Clinical Trials Transformation Initiative

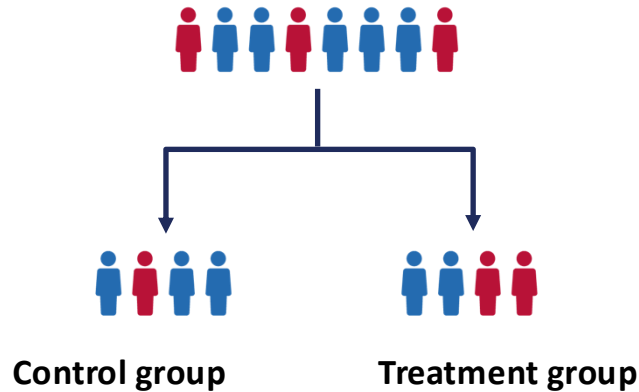


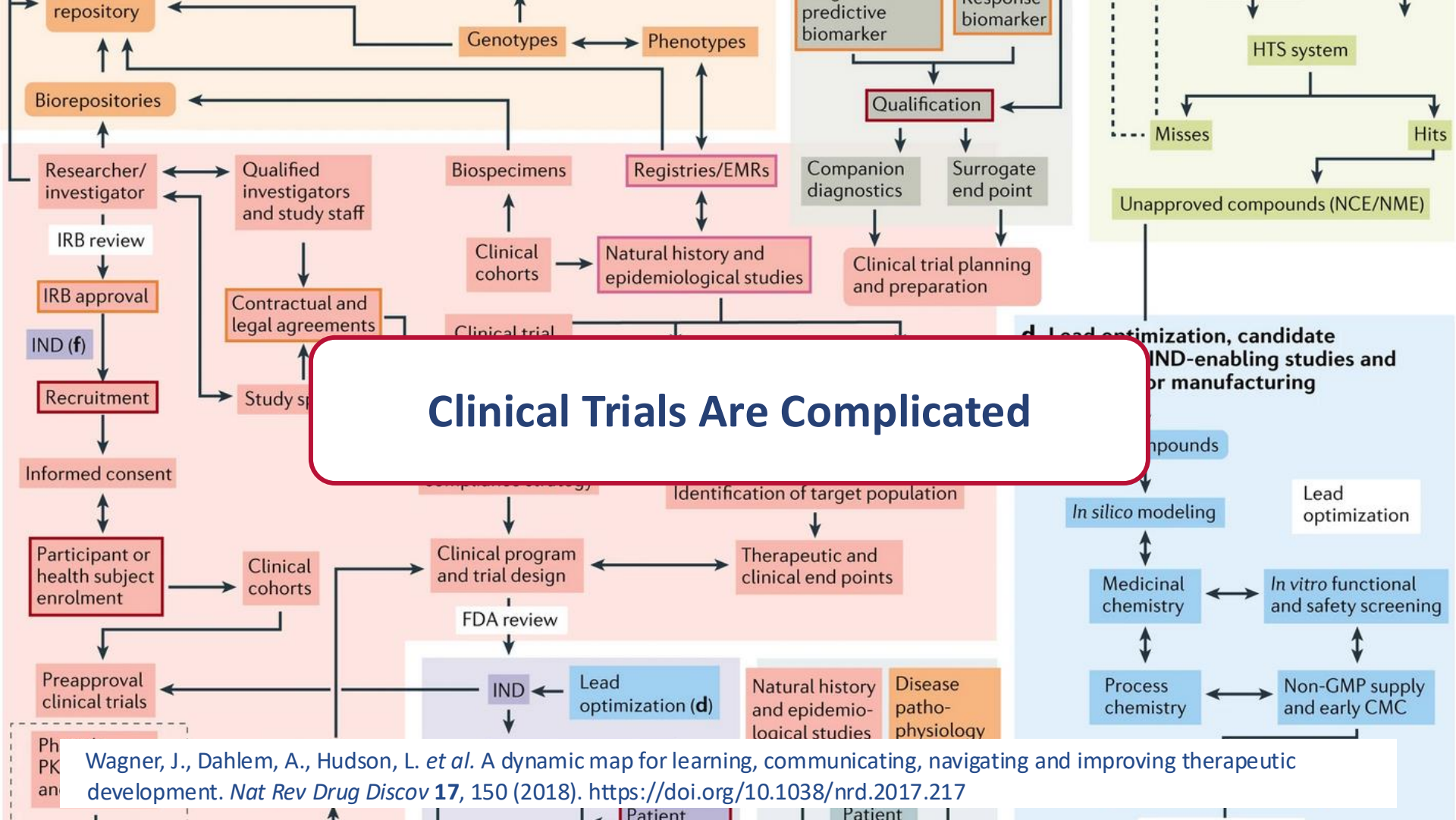
Welcome



Clinical Trials Are Simple

Question → Allocation & Measurement → Outcome





Wagner, J., Dahlem, A., Hudson, L. *et al.* A dynamic map for learning, communicating, navigating and improving therapeutic development. *Nat Rev Drug Discov* **17**, 150 (2018). <https://doi.org/10.1038/nrd.2017.217>

Modernizing Trials Together

MISSION

To develop and drive adoption of practices that will increase the quality and efficiency of clinical trials.

VISION

A high-quality clinical trial system that is patient-centered and efficient, enabling reliable and timely access to evidence-based therapeutic prevention and treatment options.



PUBLIC-PRIVATE PARTNERSHIP

- Co-founded in 2007 by FDA and Duke University
- Active collaboration with +500 individuals and groups
- All materials are freely available

SCOPE

Focus on clinical trials of FDA-regulated medical products, recognizing that clinical trials are international and acting as a collaborative global citizen.

Over 15 Years of CTTI



30+

Recommendations



50+

Case Studies



80+

Implementation
Tools



130+

Articles &
Publications



550+

Presentations
& Workshops



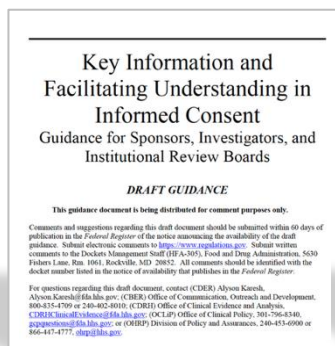
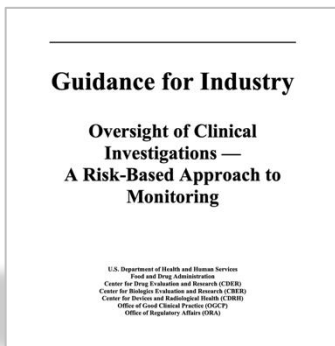
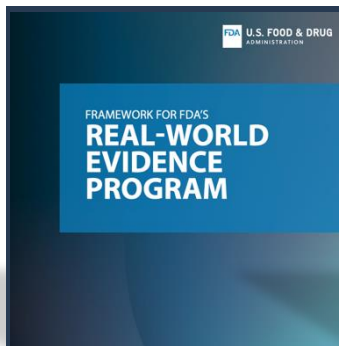
30,000+

Downloads
per year



40,000+

Media Impressions
per year



Transforming Trials 2030







This is solvable.



Today's Agenda

8:30 Welcome

8:45 Presentations & Discussion: Where Are We Now?

10:45 Break

11:00 Workshop Part 1: Scoping the Issues

12:15 Lunch

1:00 Workshop Part 2: Charting the Path Forward

2:30 Break

2:45 Perspective: Sustaining Excellence in the Clinical Trials Enterprise

3:50 Closing Remarks

4:00 Adjourn

Thank You, Members



Opening Remarks from CTTI Chair



Mark McClellan

Robert J. Margolis Professor of Business,
Medicine, and Policy

Director, Duke-Margolis Institute for
Health Policy, Duke University



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State of Clinical Trials – Where Are We Now?



Ken Getz

Tufts CSDD



Summer Starling

CTTI



Donna Cryer

Global Liver Institute



Ramita Tandon

Walgreens



Rob Califf

Duke



Brad Hirsch

Highlander Health



Esther Krofah

Milken Institute

State of Clinical Trials – Where Are We Now?

A Look at the Data



Ken Getz

Executive Director

Tufts Center for the Study of Drug
Development

CTTI State of Clinical Trials

Drug Development Operating Trends

Ken Getz, MBA

***Executive Director and Research Professor
Tufts CSDD, Tufts University School of Medicine***

May 2025



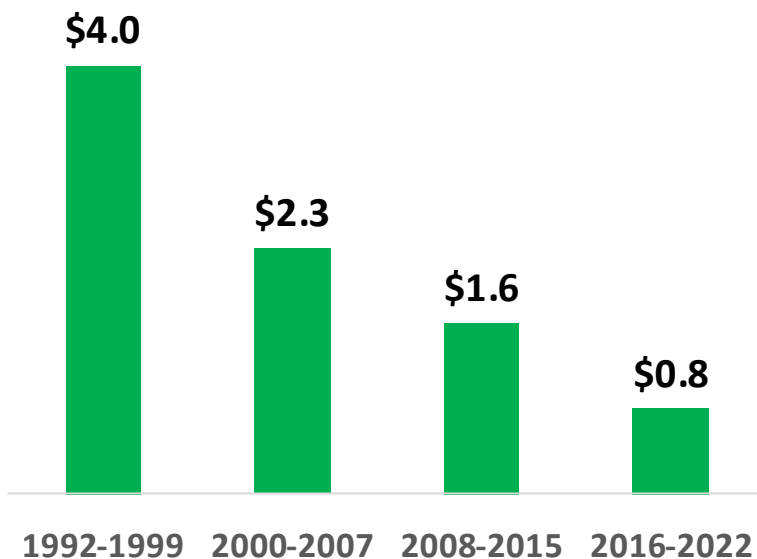
Declining Return on Development Investment

	Total Global R&D Spend (\$US Billions)	Mean Peak Sales per Approval (\$US Millions)	Mean Percent of Total Sales Invested in R&D	Return on R&D Investment
2000s	\$94.2	\$757	18.2%	12–15%
2010s	\$136.4	\$816	18.4%	9-11%
2020s	\$188.1	\$396	20.9%	3-5%

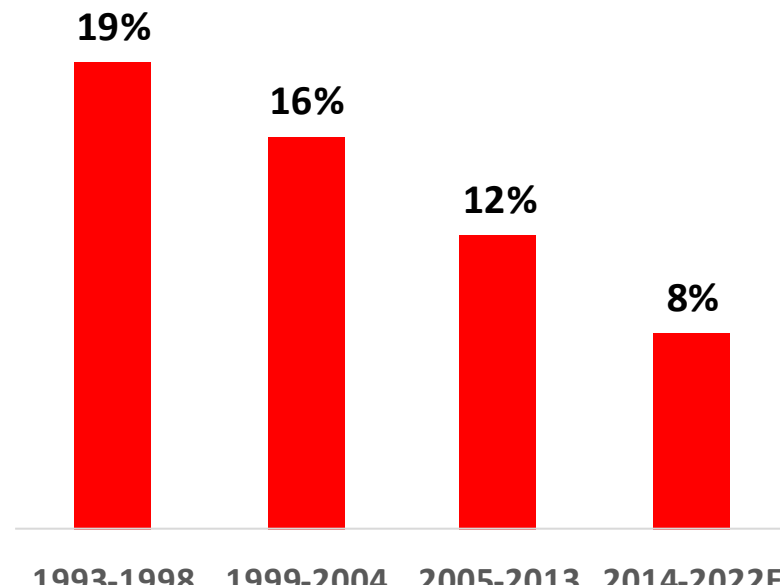
Sources: Statista, Evaluate Pharma, Deloitte, Oliver Wyman

The Value of a Development Day

Mean Daily Sales by Launch Year



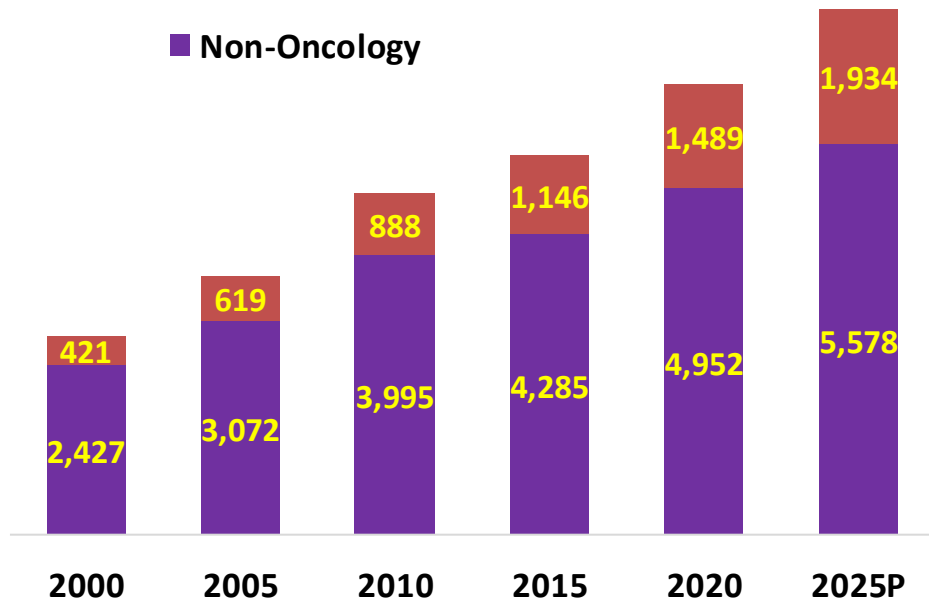
Drug Development Success Rates (Percent of IND Filings receiving FDA Approval)



Source: Tufts CSDD

Changing Global Pipeline Composition

Total Drugs and Biologics in the Pipeline



Pipeline Composition

	Percent of Drugs in R&D that are Personalized Therapies	Percent of Drugs in R&D Targeting Rare Diseases
2010	19%	14%
2015	21%	25%
2020	26%	34%
2025E	38%	41%

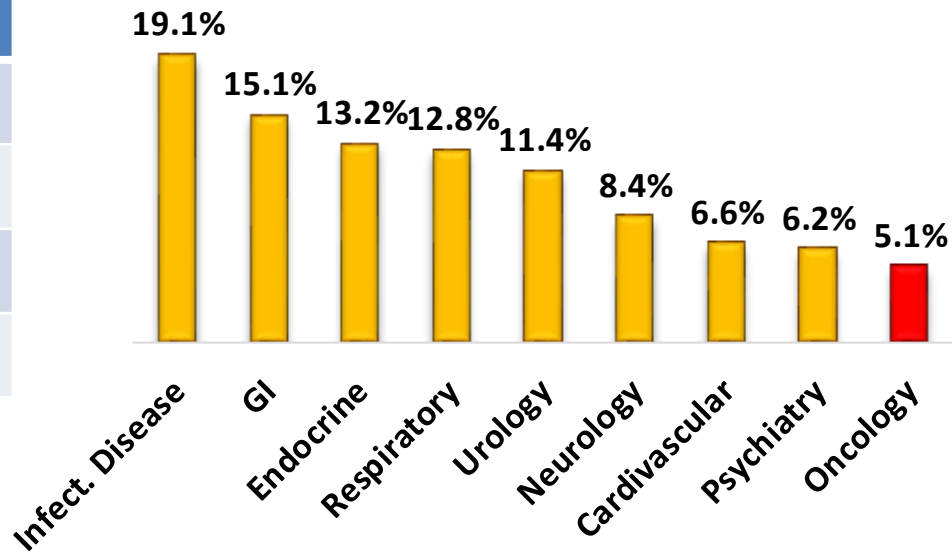
Drug Development Risk by Phase and TA

Phase Transition Probabilities

	1993 to 1998	1999 to 2004	2005 to 2013	2014 to 2021
Phase 1-2	67%	64%	58%	63%
Phase 2-3	41%	39%	34%	31%
Phase 3 – submission	63%	66%	62%	58%

Source: Tufts CSDD

Overall Probability of Achieving Regulatory Approval

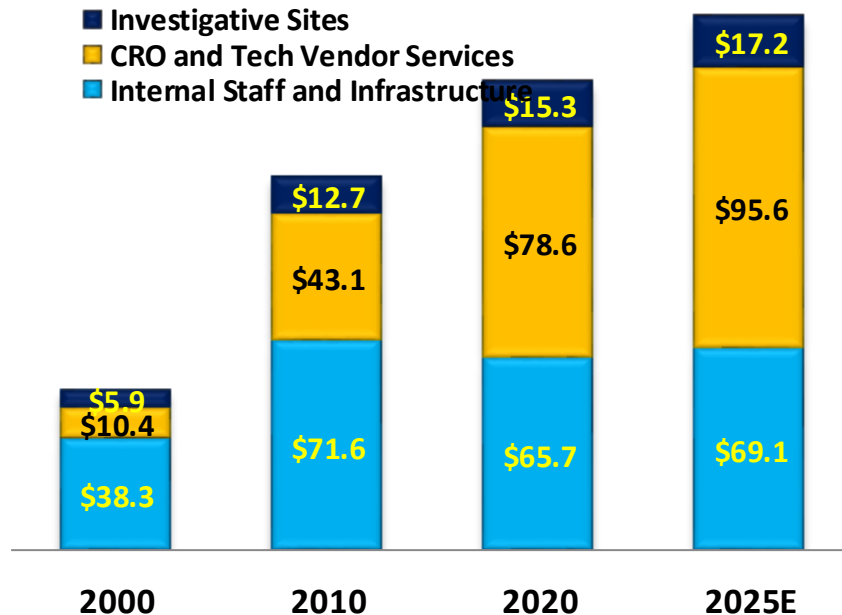


Design and Executional Customization

Protocol Design

Phase III Pivotal Trials (Means per Protocol)	Overall	
	2015	2025
Total Endpoints	14	18
Total Eligibility Criteria	31	35
Total Procedures	187	301
Total Countries	9	13
Total Investigative Sites	65	106
Total Patients Randomized	597	737
Total Data Volume	1.8 million	~4.9 million

Executional Fragmentation



Source: Tufts CSDD

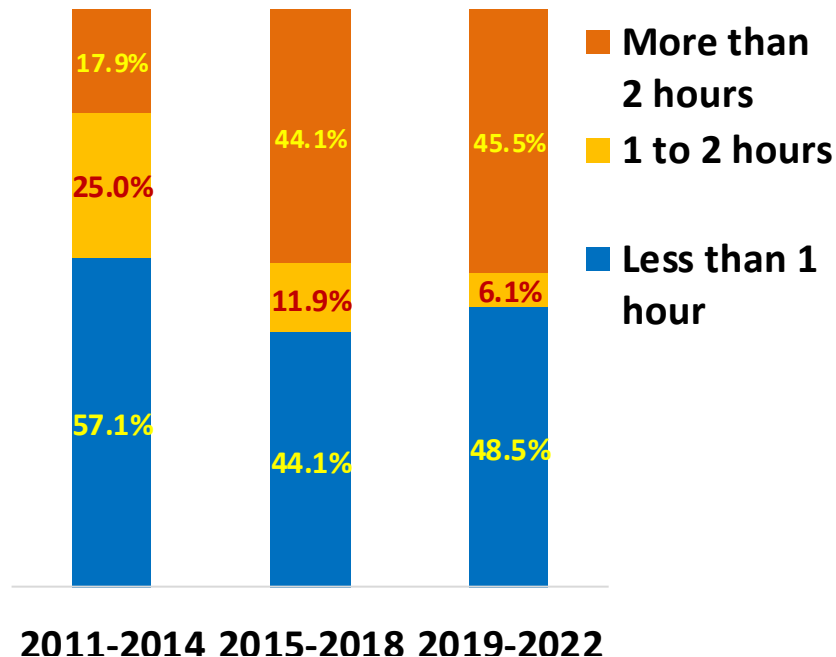
Investigative Site and Patient Participation Burden

*Enrollment Effectiveness by
Select Therapeutic Areas*

Phase II/III Trials	Randomization Rates		Completion Rates	
	2019	2023	2019	2023
Cardio/Metabolic	84%	66%	93%	61%
CNS/Neurosciences	25%	16%	74%	66%
Inflammatory	75%	68%	81%	54%
Oncology	63%	56%	69%	22%

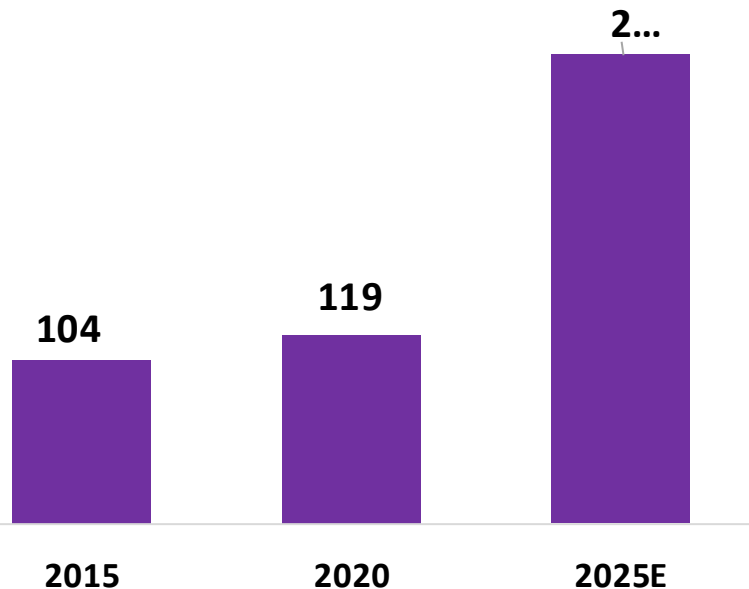
Source: Tufts CSDD; n= 11,000 global investigative sites

*Distribution of Protocols by Average
Visit Duration*



Deviations and Amendments per Protocol

Mean Deviations per Pivotal Trial



Source: Tufts CSDD

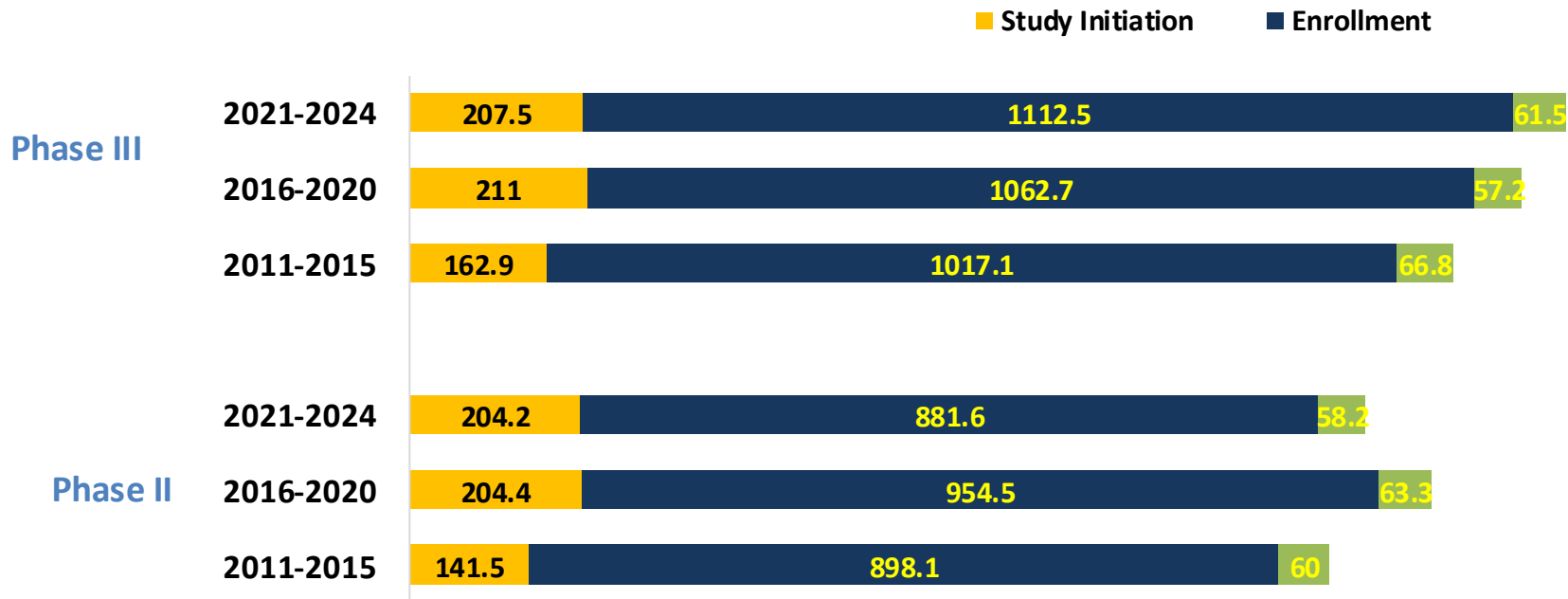
Substantial Amendments per Pivotal Trial

	2013-2015 (N=836)		2018-2021 (N=952)	
	Percent with at least 1 amendment	Mean Number	Percent with at least 1 amendment	Mean Number
Phase I	52%	1.8	67%	3.1
Phase II	77%	2.2	89%	3.3
Phase III	66%	2.3	82%	3.5

Source: Tufts CSDD 2015 and 2022 Studies

Clinical Trial Durations

Duration in business days across three time periods



Source: Tufts CSDD

Trial Performance by Patient Community

Phase II/III Protocols (Mean Days and Percents)	Non-Oncology	Oncology	Rare Diseases
Total Duration (Final Protocol to DBL)	1,080.9	1,598.7	1,304.8
Study Initiation (Final Protocol to FPFV)	146.4	148.3	173.3
Enrollment Duration (FPFV – LPLV)	852.1	1,327.2	1,073.6
Close-Out Duration (LPLV – DBL)	59.9	68.5	61.4
Randomization Rate (Enrolled/Screened)	70.9%	67.1%	76.3%
Completion Rate (Completed/Enrolled)	80.0%	31.4%	48.8%

Source: Tufts CSDD, 2022

State of Clinical Trials – Where Are We Now?

A Look at the Data



Summer Starling

Sr. Project Manager; Lead, Strategic Operations
Clinical Trials Transformation Initiative

Where Are We Now? A Look at the Data

Preliminary Findings from CTTI on Measuring Trials Transformation

Summer Starling, May 22, 2025

Measurement Matters

- Lack of common understanding for common understanding of design and conduct elements across trials
- Aim is to establish baselines for metrics for vision in collaboration with others who can take it further



CTTI's Metrics Framework

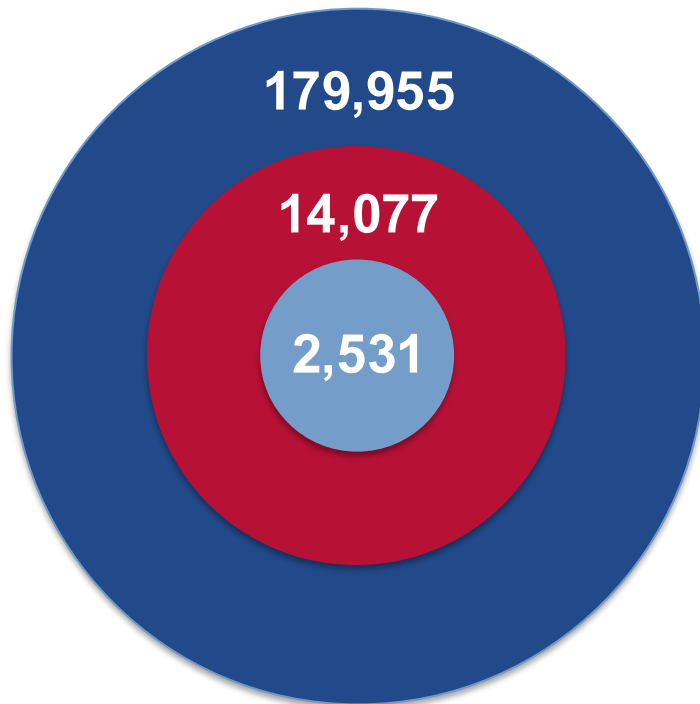
- Metrics framework consists of 57 parsimonious metrics across 19 domains of CTTI's 2030 vision
- Metrics range in temporality and ability to be measured
- Metrics first conceptualized in 2022 by CTTI executive leadership; further refined by concept elicitation interviews with subject matter experts (SMEs) (n=9) and expert opinion surveys (n=65)
- Framework finalized after 8-week public comment period, 2023

Data Sources for Assessing Metrics

For studies begun between 2018 and 2024, **179,955** interventional trials have records in ClinicalTrials.gov.

14,077 are Phase 3 interventional trials with at least 1 site in the U.S.

Of the 14,077 Phase 3 interventional trials (2018-2024) with records in *ClinicalTrials.gov*, **2,531** included original trial documentation with their records (n=2,531, 17.9%).



CTTI Methodologies for Individual Metrics Analysis

- Two-pronged initial analysis exploration using data sourced from the database for aggregate analysis of ClinicalTrials.gov (AACT), for Phase 3, interventional trials in the U.S. started between 2018-2024
- Cross sectional summary statistical analysis of AACT data
- Lexicon- and semantic-based approaches for interrogating original trial documents: study protocols, statistical analysis plans (SAPs), informed consent forms (ICFs), protocol amendments
- Use of large language models (LLM) to uncover contextual metrics indications in trial documents uploaded to ClinicalTrials.gov





Accessibility

Innovation

Privacy

25.1 %

of trials indicate
attempts to
mitigate common
enrollment
burdens prior to
trial initiation



*Sponsors attempt to make it easier
for people to get into trials*

PILLAR 1

(Trials are patient-centered
and easily accessible)

51.6 %

of trials
employed
innovative
design or
analytic
techniques

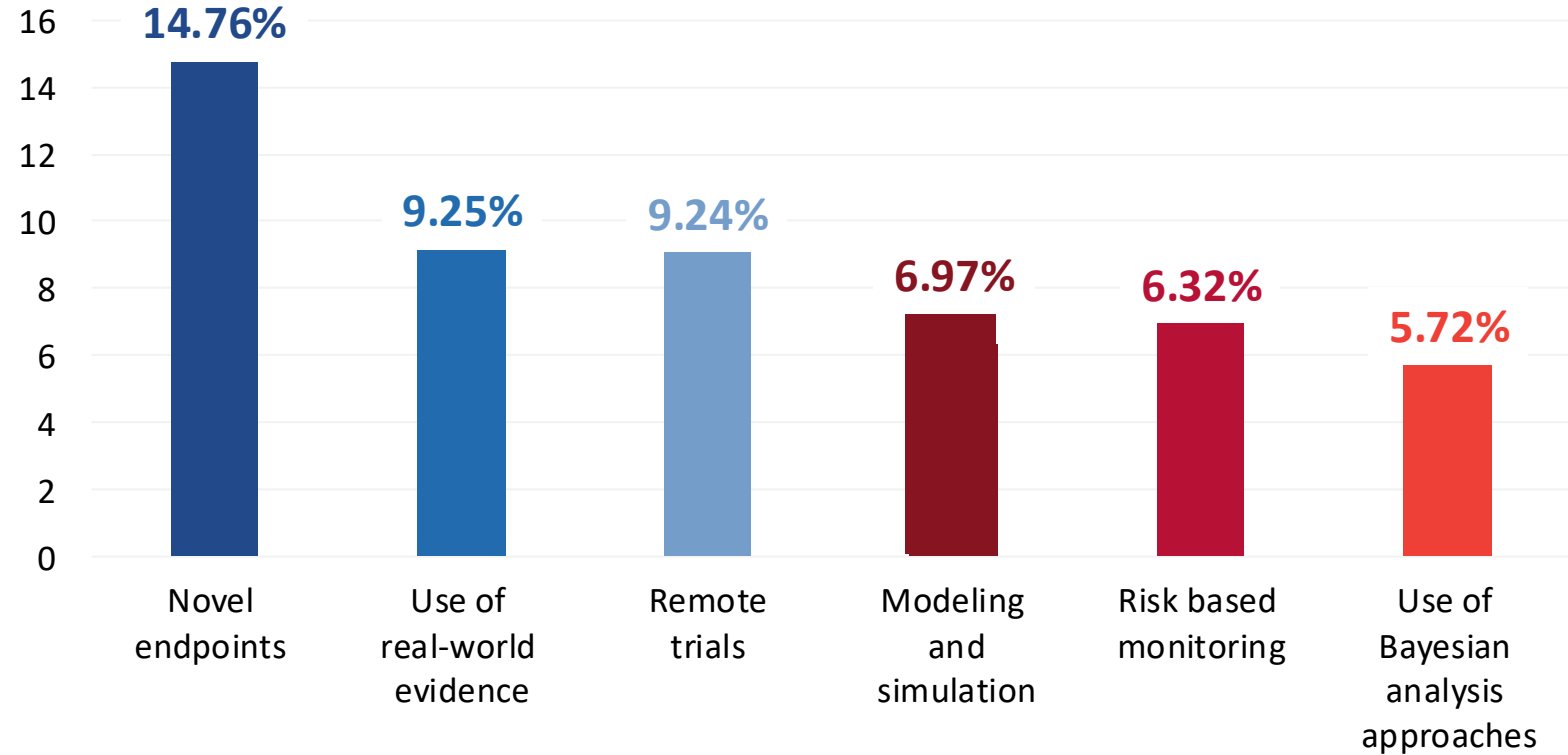


Trials deploy new methods

PILLAR 3

(Trials are designed with a
quality approach)

Most Common Indicators of Innovation in Documents



28.2 %

of trials report in
ClinicalTrials.gov
plans to share
Individual
Participant Data
(IPD) for data
re-use



*The clinical trials environment
supports responsible re-use of data*

PILLAR 4

(Trials maximally leverage
all available data)

Multi-Partner Project Team

Team Leads

Kelly Avery (Mayo Clinic)*

Josh Fessel (Independent / Former NIH)

Executive Committee Champion

John Alexander (Duke University)

Social Science Lead

Amy Corneli (Duke University)

Team Members

Carol Chapman (Crohn's & Colitis Foundation)

Catherine Cheok (Singapore Clinical Research Institute)*

Dale Gamble (Mayo Clinic)

David Rodin (Advisory, formerly Merck and Pfizer)

Ed Ramos (CareEvolution)

Elise Berliner (Cerner Enviza)

Jason Kim (Arthritis Foundation)

Jeff Brown (TriNetX)

Kristin Surdam (Independent Consultant)

Kristine McGowan (Northwell Health)*

Michelle McLeod (Arthritis Foundation)

Michelle Rowe (HCA Healthcare)*

Nuru Noor (Medical Research Council, Clinical Trials, University College London)*

Patricia Hurley (American Society of Clinical Oncology)*

Robbin Seago (HCA Healthcare)

Sabine Goldhahn (ETH Zurich)

Sara Doshi (Eli Lilly and Company)*

Sarah Plush (TransCelerate BioPharma)*

Project Manager

Summer Starling (CTTI)

Communications Lead

Hannah Faulkner (CTTI)

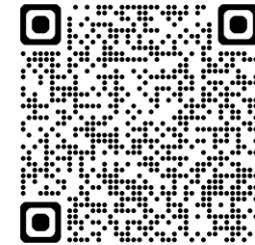
*former team lead or member

Looking Ahead

- Continued individual metrics and summary analysis to establish baselines
- Refine/uncover new analysis approaches
- New partnerships for metrics use



See CTTI's Metrics
Framework:





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Pillar 1: Trials for People



Donna Cryer

Founder, Senior Advisor, & Board Member
Global Liver Institute



Trials for People

THE STATE OF CLINICAL TRIALS: CHARTING THE PATH TO 2030

MAY 22, 2025

DONNA R. CRYER, JD

Donna R. Cryer, JD

Founder, Global Liver Institute

Board of Trustees, Sibley Memorial
Hospital/Johns Hopkins Medicine

Executive Committee Emeritus,
Clinical Trials Transformation Initiative

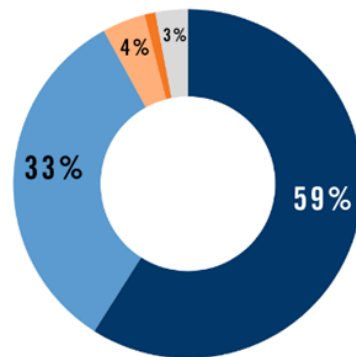
Research Experience: Participant, Advisory
Board Member, Principal Investigator,
Community Trial Educator and Recruiter



Gap Between Support & Participation

AMERICANS SAY IT IS IMPORTANT FOR PRESIDENT TRUMP TO PRIORITIZE MEDICAL PROGRESS

How important is it for President Trump and the new Congress to assign a higher priority to ensuring faster medical progress?



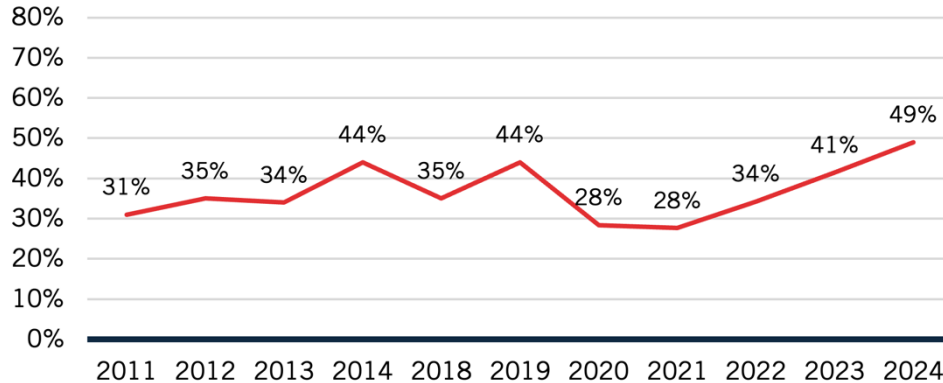
96% OF DEMOCRATS, 93% OF REPUBLICANS, AND 87% OF INDEPENDENTS SAY IT'S IMPORTANT.

Source: A Research!America poll of U.S. adults conducted in partnership with Zogby Analytics in January 2025.

Characteristics of Highly Engaged Activities

PAST-YEAR CASINO VISITATION

To gamble or for other reasons



SOURCE: AMERICAN GAMING ASSOCIATION

Opportunities to Close the Gaps



Recommendations for Metrics

% of patient/ caregiver population engaged in some type of research/explicitly contributing to learning ★

Track progression along engagement continuum (rather than yes/no)

% of interactions with the healthcare system in which patients/caregivers are asked to contribute to research/learning

★ See CTTI's Metrics on *Stakeholder Engagement and Patient Input Into Trials*

The soul's joy lies in doing.”

- PERCY BYSSHE SHELLEY

Pillar 2: Trials Where People Are



Ramita Tandon

Chief Clinical Trials Officer

Walgreens

Building the future of clinical trials.

We're making clinical trials more accessible and convenient in the communities we serve because each effort is not just a clinical trial—it's *hope*.



Member of Walgreens Boots Alliance ©2025 Walgreen Co. All rights reserved.



Clinical trials face persistent access, recruitment and retention challenges

+75% of patients cited **structural and clinical barriers** as reasons for not participating in clinical trials¹

80% of trials **fail to meet enrollment goals** in the stated timeframes⁵

67% of consumers were **less likely** to participate in a COVID-19 treatment trial if they had to **travel outside** of local area to a trial site²

~20% **Dropout rates** among those who enroll⁶

~5% Only about 5% of the U.S. population participates in clinical trials

Up to \$8M potential **daily impact** to sponsors due to **suboptimal patient recruitment and retention delays**⁷

The industry needs collaboration and new models

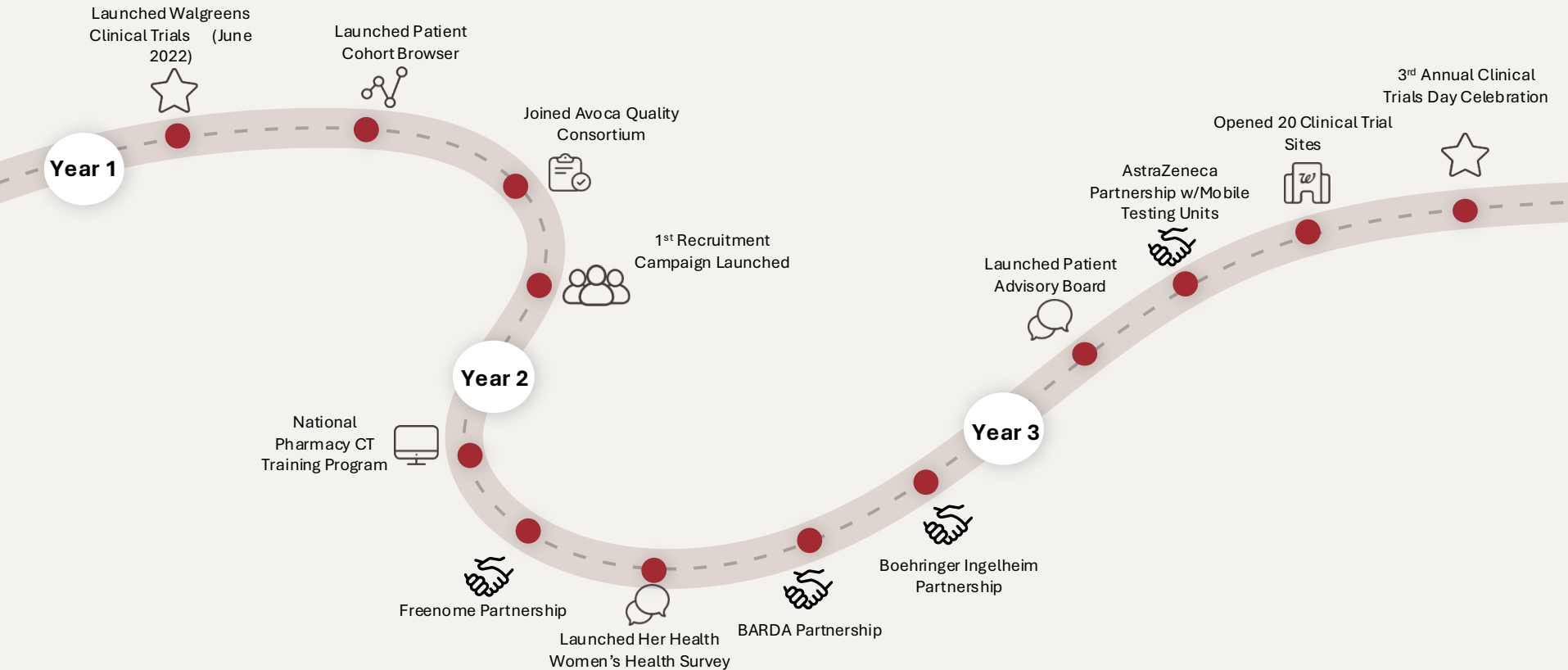
Clinical trial execution is **harder than ever**.

Growing demands are **stretching the capacity** of traditional research sites.

Investigators are navigating **staffing shortages, site burden, and rising costs**.

This isn't about replacing traditional sites — it's about expanding capacity, improving access, and bringing more options to the table for patients and sponsors.

Walgreens Clinical Trials: 3 Years of Changing Clinical Research



Community-based clinical trials are the future to bring trials to patients faster.



Insights-Driven Patient Recruitment

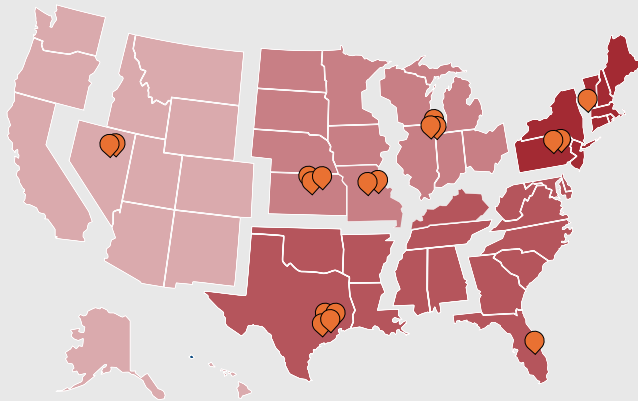


Trials to Patients



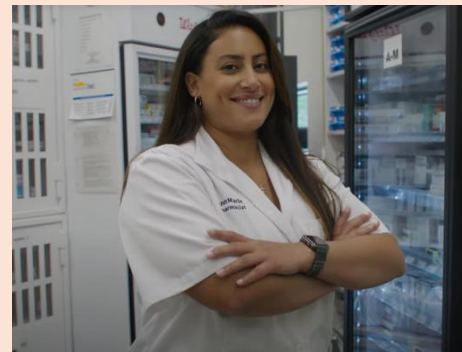
Real World Evidence & Informatics

Our Most Important Partners – our In-Store Teams



Active sites across the country

There are 20 active clinical trials sites across the country and the team has the processes in place to expand as business needs arise



Amplifying our pharmacists' trust and relationships

"Clinical trials and Retail pharmacy were never in the same sentence when I was in pharmacy school. Joining these two worlds not only makes perfect sense for a broader reach but also, it's a testament to the ever-changing world of healthcare and its possibilities."

Thank you!



Pillar 3: Balancing Quality and Efficiency



Rob Califf

Instructor of Medicine

Duke University School of Medicine



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Pillar 4: Balancing Privacy and Data Access/Use



Brad Hirsch

Cofounder

Highlander Health



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Pillar 5: Aligning Incentives Around Evidence



Esther Krofah

Executive Vice President of Health
Milken Institute

State of Policy for Aligning Incentives for Improving Population Health



Shared understanding of **broad population health challenges**: U.S. spends the most of peer OECD countries on health and experiences the poorest health outcomes on average



Fiscal and policy uncertainties risk U.S. leadership in biomedical innovation



Current policy environment risks **exacerbating health disparities**



Researchers/sponsors have been working on more “**patient-centric**” trials for a decade, but it has primarily resulted in trials that are **more complex and require higher effort**

State of Clinical Trials



The term “**diversity**” encompasses more than **race and ethnicity** - it includes geography, language, sex, gender identity, sexual orientation, ability, income, education level, etc. Avoiding the word "diversity" can undermine broader efforts to reach underrepresented, marginalized and underserved communities across the entire health ecosystem.



Community serving organizations are confused, beginning to feel abandoned, and are questioning the commitment of the research establishment. **Frequent and honest communication, transparency and consistency can preserve trust** during uncertain times.



High turnover across government levels is **disrupting continuity in public health and research efforts** - not only through rescinded funding ("hard" implications) but also via "soft" consequences such as the loss of institutional knowledge.

Lessons Learned: COVID-19



Coordinate research efforts



Make it easier to participate



Build trust



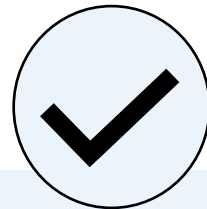
Integrate research into care



The Role of the Private Sector in this Current Climate



- Private sector demonstrates sustained commitment to **Diversity Action Plans** and embedding equity in drug development
- Global biopharmaceutical companies are proactively aligning their strategies to anticipate future **international guidance**



- Leadership's role in **sustaining momentum** around diversity in clinical trials
- Regulatory uncertainty does not mean the “**science changes**”
- Cross-sector **collaboration**



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Workshops

Catalyzing Change

Moderators



Stacey Adam



John Alexander



Ella Balasa



Barbara Bierer



Chris Boone



Nakela Cook



Khair ElZarrad



Rachael Fleurence

Moderators (cont.)



Martin Landray



Carla Rodriguez-Watson



Allison Shimooka



Michelle McMurry-Heath



Azizi Seixas



Stephen Pyke



Megan O'Neil



Pam Tenaerts

Workshop Group Assignment

➤ **7 Break Out Groups** designated by colored dots on back of your name tag:

- Pillar 1 = red  Meeting Room 2 with Pam and Ella
- Pillar 2 = orange  Meeting Room 8 with John and Allison
- Pillar 3 = yellow  Meeting Room 3 with Martin, Khair, and Stacey
- Pillar 4 = green  Meeting Room 11 with Chris and Stephen
- Pillar 5 = blue  Meeting Room 4 with Barbara, Carla, and Nakela
- Pillar 1 = purple  Meeting Room 9 Room with Michelle and Megan
- Pillar 4 = pink  Meeting Room 10 with Azizi and Rachael

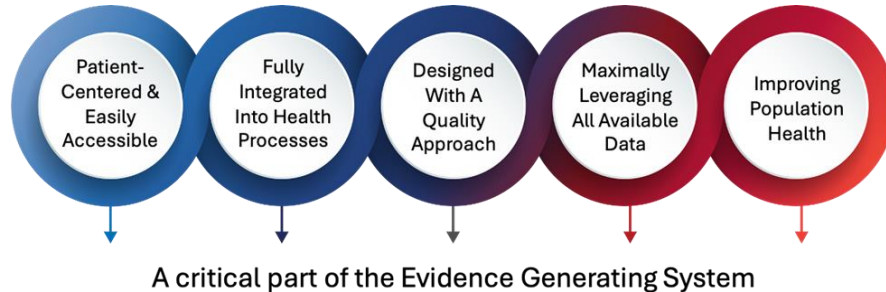
➤ Duration = 75 minutes (pre-lunch) and 75 minutes (post-lunch)

Workshop Part 1

➤ Scoping the Issue (11:00am-12:15pm)

➤ Objectives:

- Define the core issue(s)
- Discuss why efforts to address the core issue have been unsuccessful
- Note incentives, interdependencies and business model considerations

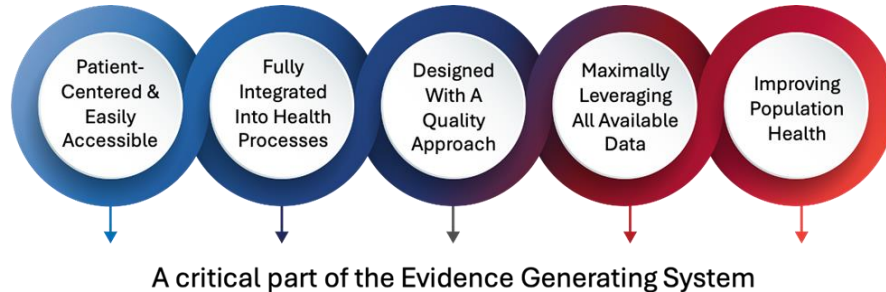


Workshop Part 2

➤ Charting the path forward (1:00-2:15pm)

➤ Objectives:

- Identify solutions and the critical players to address the core issue(s)
- Determine key leaders and collaborators
- Identify success metrics



Workshop Guidelines

- Engage openly with respect and collaboration
- Groups are pre-assigned to ensure diverse perspectives
- Use name tents—tip up when ready to speak
- Each group includes a CTTI notetaker
- Audio will be recorded for notetaking and transcribed (de-identified)
- Recordings will be securely stored, then deleted

Social Media Sharing

Share Your CTTI Experience on Social Media!
We encourage you to share your involvement with CTTI—just be mindful of what you post.



Please Share:

- Photos of yourself at CTTI meetings/events
- Group photos—with permission from those pictured
- Your role or participation in CTTI projects



Please Avoid Sharing:

- Sensitive content (e.g., private meetings, presentation slides, confidential discussions)



Tag us at #CTTI so we can re-share your posts!

- **X/Twitter:** @CTTI_Trials
- **LinkedIn:** Clinical Trials Transformation Initiative
- **BlueSky:** ctti-trials.bsky.social



Ella Balasa · 2nd
Patient Expert & Founder @ BalasaConsulting | Speaker | Patient engagement con...
7mo · 6

Attended my first [Clinical Trials Transformation Initiative \(CTTI\)](#) Steering Committee meeting as the newest patient representative member this week.

The biggest takeaway I had was the need for multi stakeholder collaboration, bidirectional communication, and the development of frameworks to exchange best practices and case studies that prioritize efficiency, shorten timelines, and increase flexibility for sites, sponsors, regulatory, and patients.

A future with robust [#diversity](#) action plans is essential—and not just in the planning but for execution. Collating insights on trial sites practices for effective [#recruitment](#) allows for shared learning and resource optimization. Developing [#masterprotocols](#) that support the inclusion of a much greater patient population is needed. Appraising trials on various metrics, can save costs for the industry while enhancing [#patientoutcomes](#).

Together, we must drive meaningful change in clinical research! [#ClinicalTrials](#) [#CTTI](#) [#DiversityInResearch](#) [#patientengagement](#)

Ed Ramos Lindsay Kehoe Summer Starling, DrPH, MPH Lynne Quittell



Example of a great social media post

The slide features two decorative geometric patterns. On the left, a vertical column of triangles in various shades of red, blue, and orange. On the right, a large, light gray pattern of 3D cubes or triangles receding into the distance.

BREAK

Reconvene at 11:00 a.m. in your breakout rooms

Workshop Group Reminder

➤ **7 Break Out Groups** designated by colored dots on back of your name tag:

- Pillar 1 = red  Meeting Room 2 with Pam and Ella
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➤ Duration = 75 minutes (before lunch) and 75 minutes (after lunch)

The slide features two decorative geometric patterns. On the left, a vertical column of triangles in various shades of red, blue, and orange. On the right, a large, repeating pattern of white triangles with 3D shading, creating a sense of depth.

BREAK

We will reconvene at 2:45 p.m.

Sustaining Excellence in the Trial Enterprise



Moderator:

Morgan Hanger

Executive Director
CTTI



Stacey Adam

Vice President
Foundation for the
National Institutes of
Health



Chris Boone

Group Vice President
of Life Sciences
Research Services
Oracle



Tala Fakhouri

Associate Director
for Data Science and
Artificial Intelligence
Policy
FDA



Susan Landis

Executive Director
Association of
Clinical Research
Professionals



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Closing Remarks



Morgan Hanger

Executive Director

Clinical Trials Transformation Initiative

Reflections from Today's Discussions

- Relevance of CTTI's vision
- Perceptions of risks and challenges
- Clear sense of opportunity and urgency

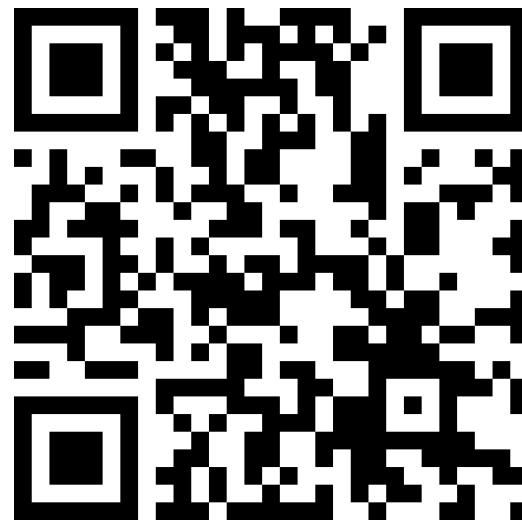




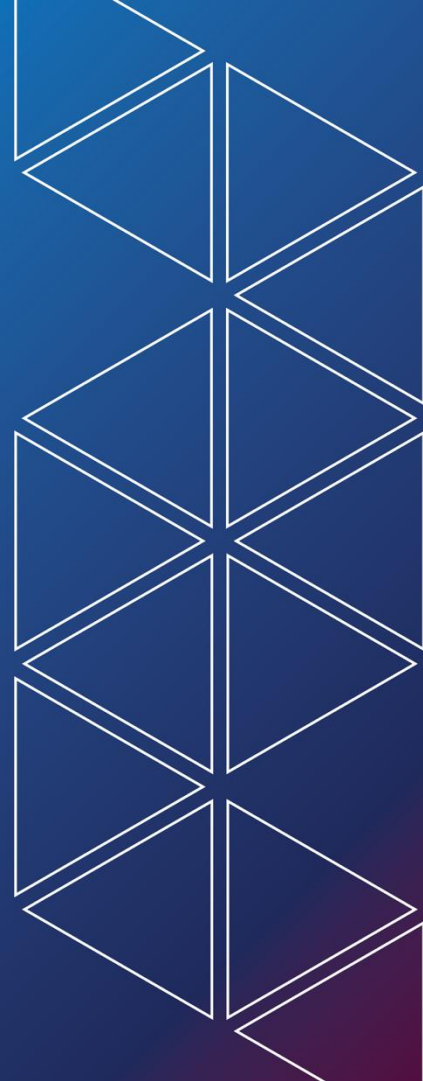
Workshop Highlights

What's Ahead

- ▶ Full summary for attendees
- ▶ Executive summary to share broadly
- ▶ State of Clinical Trials 2026? 2027?
- ▶ Reach out to us!

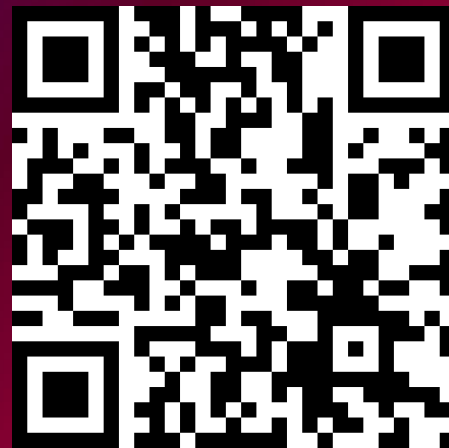


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**Let us know what
you thought about
the meeting:**

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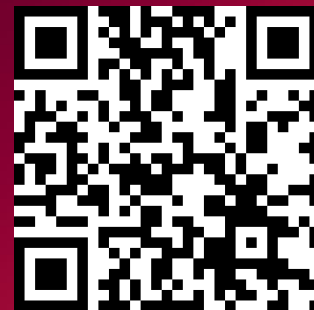
CLINICAL
TRIALS
TRANSFORMATION
INITIATIVE



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THANK YOU

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