DIGITAL HEALTH TRIALS
Recommendations for Selecting a Digital Health Technology

There are many digital health technologies in the marketplace—how do you choose the best one for your trial? CTTI’s recommendations and resources will help you understand what needs to be considered and measured before selecting a digital technology.

RECOMMENDATIONS

1. After selecting the outcome of interest; select a technology that meet the needs of the intended population and the requirements of the study
2. Collaborate on mobile technology selection
3. Perform verification and validation processes of the technology to justify your selection
4. Remember not to select a technology based only on its regulatory status
5. Be mindful that digital health technologies can change the way sites and participants interact during a trial

RESOURCES

- Feasibility Studies Database
- Framework: Specifications to Consider During Digital Health Technology Selection
- Glossary: CTTI’s Digital Health Technologies Recommendations