Investigator Mentor Program

PMG Research, Inc.
Founded in 1979, PMG is an integrated site network consisting of 14 sites in North Carolina, South Carolina, Tennessee, Illinois and Iowa.

Each site works with approximately 10-30 investigators, depending on the size of the site.

PMG requires all investigators and staff to update their CITI GCP training every 3 years.

In addition to CITI GCP training, our investigators complete protocol-specific training on all trials where they are involved.

PMG created an Investigator Mentor Roster in 2016 because we believe that everyone needs a mentor. In addition, we are growing geographically and sometimes on-board several new investigators at once.
INVESTIGATOR MENTOR PROGRAM

- Current Investigator Roster consists of 10 experienced physician investigators from a variety of sites.
- New investigators are given the opportunity to connect with an experienced investigator mentor. (This program is currently not utilized across the board.)
- The initial connection is facilitated by the Site Manager and/or PMG’s Training Team. Sometimes an Investigator social is held for a group of new investigators.
- New investigators can meet with their mentor in-person or via telephone depending on their geographic location.
- New investigators are aligned with an investigator mentor based on their specialty and their research setting.
PMG INVESTIGATOR MENTOR ROSTER

Kevin Cannon, MD - PMG Research of Wilmington, NC
Dr. Cannon is a Hospitalist for Wilmington Health, and is board certified in Internal Medicine. He joined PMG Research of Wilmington in 2009. Dr. Cannon is the Medical Director for the Wilmington site, and acts as the medical liaison between Wilmington Health and PMG-Research. Areas of experience include but are not limited to Deep Vein Thrombosis, Hypercholesterolemia, Hypertension, Migraine, Obesity, Oral Contraception, Osteoarthritis Overactive Bladder, Peripheral Artery Disease, Psoriasis, Smoking Cessation, Type 2 Diabetes Mellitus, and Vaccine.

Robert Holmes, MD - PMG Research of Winston Salem, NC
Dr. Holmes is board certified in Gastroenterology and Internal Medicine and has conducted research with PMG as both a PI and Sub-I since 1996. During this time he has completed more than 500 trials in Gastroenterology and Internal Medicine. Areas of experience include but are not limited to C-Difficile, Constipation, Crohns, GERD, IBS-C, and IBS-D. In addition to his role as a PI and Sub-I, Dr. Holmes also serves on the PMG Research Medical Advisory Board.

Mitchell Lee, MD - PMG Research of Wilmington, NC
Dr. Lee is board certified in Pulmonology, Critical Care, and Internal Medicine. Dr. Lee joined PMG Research of Wilmington in 2008. Areas of experience include but are not limited to Allergy Medicine, Asthma, COPD, Deep Vein Thrombosis, Obesity, Pulmonary Fibrosis, Restless Leg Syndrome, Smoking Cessation, Sleep Apnea, and Vaccine.

Robert E. McNeil, MD - CPI – PMG Research of Salisbury, NC
Dr. McNeil is board certified in Internal Medicine, and has a Bachelor of Science in Zoology from NC State University. He joined PMG Research of Salisbury in 2002. He became a Certified Physician Investigator through the Academy of Pharmaceutical Physicians and Investigators in 2008. He also completed FDA’s Clinical Investigator Training in 2010. He has conducted more than 100 trials as a Principal Investigator and/or Sub-Investigator. Areas of experience include but are not limited to Cardiology, Dermatology, Device, Endocrinology, Gastroenterology, Musculoskeletal Pain, Obesity/Weight Loss, Pulmonology, Joint Assessor on Rheumatology Trials, and Vaccines.
Kaushik Patel, MD- PMG Research of Christie Clinic (IL)
Dr. Patel is board certified in Pulmonology, Critical Care, and Internal Medicine. He has participated in clinical research since the 1990’s and joined PMG Research of Christie Clinic in 2015. Areas of experience include but are not limited to Asthma, COPD, Pulmonary Fibrosis, Sleep Apnea, and Smoking Cessation.

George Raad, MD, CPI-PMG Research of Charlotte, NC
Dr. Raad is board certified in Family Medicine. He has been conducting clinical research since 1998 and has served as a principal investigator or sub-investigator on over 300 clinical trials. Areas of experience include but are not limited to Acne, Asthma, Alzheimer’s disease, Atherosclerosis, Atrial Fibrillation, Back Pain, Birth Control, C-difficile, Claudication, COPD, Coronary Artery Disease, Depression, Diabetes, Dyslipidemia, Endometriosis, Erectile Dysfunction, Fibromyalgia, Gout, GERD, HPV, Hypogonadism, IBS, Insomnia, Migraine, Obesity, Osteoarthritis, Smoking Sensation, and Vaccine. He became a certified Principal Investigator in May 2008 through the Academy of Clinical Research Professionals. Dr. Raad also serves as the Director of the Detox Unit at Carolina Medical Center Mercy Horizons.

John Rubino, MD, -PMG Research of Raleigh, NC
Dr. Rubino is board certified in Internal Medicine. He joined Raleigh Medical Group in 1986. In 1989 Dr. Rubino was instrumental in forming their two clinical research sites now known as PMG Research of Raleigh and PMG Research of Cary. For over 20 years, Dr. Rubino has been principal investigator in over 600 clinical trials and has served in various consultancy capacities to the research industry. Areas of expertise include, but are not limited to C-Difficile, Constipation, COPD, Diabetes, High Cholesterol, Hypertension, Low Testosterone, Migraine, Obesity, Overactive Bladder, Pediatric Vaccine, Smoking Cessation, Vaccine, Women's Health, and long term cardiovascular risk studies. He is presently President of Key IPA and the Team Physician for North Carolina State University Athletics.
PMG INVESTIGATOR MENTOR ROSTER

Maitreya Thakkar, MD-PMG Research of Rocky Mount, NC
Dr. Thakkar is a board certified Invasive Cardiologist. He has participated in Clinical Research since 2012. Areas of experience include but are not limited to Acute Coronary Syndrome, Atrial Fibrillation, Coronary Artery Disease, Diabetes, Hypercholesterolemia, and Myocardial Infraction. He has also participated in device studies.

Gordon Wilhoit, MD-PMG Research of Charleston, SC
Dr. Wilhoit is one of the original founders of Berkeley Family Practice in 1979. He is also a graduate of the American Academy of Family Physicians Management Program, and attended the MBA program at the Citadel. He is currently Chairman of the Primary Care Collaborative in Roper St. Francis Health Alliance. Areas of expertise include but are not limited to Heart Failure, Hypercholesterolemia, Hypertension, IBS-C, low libido in women, Overactive Bladder, Type 2 Diabetes Mellitus and Vaccine.

Jonathan P. Wilson, DO- PMG Research of Winston Salem, NC
Dr. Wilson is board certified in Family Medicine. Dr. Wilson has completed more than 200 trials as Principal Investigator, and has worked with PMG Research since 2006. He completed FDA’s Clinical Investigator Training in 2009. Areas of experience include but are not limited to Asthma, Device, Fibromyalgia, Gout, Hypercholesterolemia, Hypertension, Hypertriglyceridemia, Low Libido, Migraine, Obesity, Osteoarthritis, Smoking Cessation, Type 1 Diabetes Mellitus, Type 2 Diabetes Mellitus, and Vaccine. In addition to his work as a PI, he serves as a Sub-I for other specialties including Dermatology, GI, and Urology.
WHAT DO INVESTIGATOR MENTORS DO?

1. Act as a resource for questions or concerns
2. Review topics such as:
   - The time commitment for training, patient visits and overall study conduct
   - Study start-up timelines and expectations (IM, SIV)
   - Patient recruitment timelines and goals
   - Delegation of Authority
   - Investigator Oversight
   - Navigating difficult protocols
   - Communication with study coordinators
   - Sponsor communication/building relationships with Sponsor/CRO monitors
   - What to expect during a monitoring visit and an audit/inspection
A LOOK TO THE FUTURE

- Right now this is an optional opportunity offered to new investigators, but with the planned expansion of our Training Team in 2018, we hope to propel this idea forward with an end result of all new investigators having a mentor.

- The final result will be a mixture of online GCP training, protocol-specific training and interactive mentor-led training for each PMG investigator.